

Fat Man

There is a fat man. The man is very fat. He weighs 500 pounds (227 kg). When he walks, he always **gets** tired.

The very fat man wants to lose weight. **In fact**, his doctor tells him, "You must lose weight or you will die!"

The fat man is scared. He doesn't want to die. So he starts a diet. For one month, he eats only grass. Of course, the grass tastes terrible. But the man **really** wants to lose weight.

Unfortunately, after one month, he is still very fat. He doesn't lose any weight! Not one pound!

The fat man is **frustrated**. He decides to exercise. Everyday he walks 12 miles (20 km). Everyday he is very tired. In fact, he is **exhausted**.

But after one month, the man is still very fat! Oh no! He is **extremely** frustrated!

He decides **to give up**. He goes to a restaurant. He wants to eat everything, because he is so frustrated.

At the restaurant, he meets a beautiful woman. She likes him. He likes her. They begin **to date**. Every day, the woman cooks healthy food for the fat man. His new girlfriend **makes a difference** in his life.

The fat man loses weight. After 6 months, he weighs only 170 pounds (77 kg)! He is thin and he has a wonderful girlfriend.

The man is **thrilled**. The man and his girlfriend are both thrilled.

Vocab

gets: becomes

in fact: actually; the truth is

really: very much

frustrated: upset or angry because of failure

exhausted: very, very tired

extremely: very, very

to give up: to quit

to date: to be boyfriend & girlfriend

makes a difference: causes a change in a situation

thrilled: very excited and happy